

Community Futures



12 new courses running from November 2011 - March 2012

Community Futures is a programme of courses for community volunteers from all over the UK to come and learn new skills to help them and the communities that they come from to become more sustainable.

The programme is generously funded by the Tudor Trust.

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Tudortrust

This funding means that we can offer these courses for only £50 for the first community volunteer booking on and £20 for every additional community volunteer booking from the same organisation. This price not only includes the training but also all meals and refreshments during your stay and one night's accommodation in one of our en-suite bedrooms at Trafford Hall.



All courses on this programme are fun as well as informative. You will leave having learnt new skills and you will also have the confidence to put these skills in to action. Courses running up until the end of March 2012 can be found overleaf. **There is a small grant fund attached to this programme so you will have the opportunity of applying for a grant up to £500 to help your community project progress.**

If you would like more information about the Community Futures programme or would like a full brochure showing all the courses that we are running, then you can contact Gary Dutton using any of the methods below...



(01244)300246



g.dutton@traffordhall.com



Search: 'Community Futures'



[@CommFutures](https://twitter.com/CommFutures)

TRAFFORD HALL, INCE LANE, WIMBOLDS TRAFFORD, CHESTER CH2 4JP

www.traffordhall.com

NEW COURSES FOR 2011/2012...

Bread Making - 16th -17th November 2011

Trainer—Daryl Moore

You will learn about the healthy eating and cost benefits of making your own bread; you will also be taught about health and safety when making bread and especially about food hygiene, so that you can set up your own projects in your own communities. You will also get the chance to take part in a bake off, making your own bread.

Recycle Cycles - 24th - November 2011

Trainer - That's How We Roll Training

This is for groups of 4-5 young people aged 14-18 who must be accompanied by a responsible adult. On the course you will learn how to source unwanted bikes and how to get them back in to a condition where they can be re-sold or hired out. You will find out how other successful projects have run and will action plan for a project in your own community.

Tailor Made 30th November - 1st December 2011

Trainers - Rowanbank

This course will give local community volunteers the knowledge and enthusiasm to set up a local project to repair/remake clothes, swap clothes, make other things from clothes (e.g. bags, cushion covers) - through to development as a small local enterprise. There will be lots of hands on practical work over the 2 days to help you get to grips with some new skills.

Fundraising for Environmental Projects

25th - 26th January 2012

Trainer - Groundwork

Over the two days of this course you will find out how to develop your group's own funding strategy for your environmental project and will be able to use this as a building block to continue the process back in your own communities to ensure your project is sustainable.

Honey for Nothing and Your Chicks for Free

7th - 8th February 2012

Trainers—Engage Associates

Based on our successful 'Freebies' course, this training will focus on finding support, money and materials for environment projects. You will find out what is available free, what you can match-fund (including your time as a volunteer), how you can get local and national companies to help with materials and business skills.

You will go away inspired!

Setting Up a Social Enterprise

15th - 16th February 2012

Trainer - Daryl Moore

With a lot of communities looking to become more self sufficient, social enterprises are becoming more and more popular. On this course you will learn the basics in setting up your own social enterprise, and will go away with a clear action plan for your own project.

Bee Keeping Part one: 2nd - 3rd February 2012

Part two: 29th May 2012

Trainer - Highfield Apiary

This two part course will teach you everything you need to know to start bee keeping. The first part will be classroom based where you will learn all the theory of bee keeping. The second part of the course will be a more practical session where you will get to be up close to a colony of bees and watch a demonstration of the trainer handling a live bee hive. There is no additional charge for the second part of the course.

Community Allotments 1st - 2nd March 2012

Trainers - Richmond Dutton Horticultural Consultancy

Working an allotment is a great way to encourage your family and community to maintain a healthy diet, to get regular exercise, to meet new people, to learn new skills and to make use of derelict or neglected land. It can also help improve the local environmental impact. This course is designed to show you how to plan, develop and manage a community allotment.

Community Chickens 5th -7th March 2012

Trainer - Brain Whittington

Keeping chickens is an excellent way of encouraging people of all ages to interact and also, of course, of producing eggs for your families and the local community. If you have even a small area of land available, in a local private garden, in a community garden, or on an allotment, you can keep chickens! As well as all the theory behind looking after them this course will also give you the chance to have some hands on experience looking after chickens. Come and cuddle a chicken—you know you want to!

Really Useful Gardens 15th -16th March 2012

Trainers - Jo Dyer and Karen Atkinson

If you would like to find out how you can plan your garden planting so that you are not just developing a beautiful space but are also producing plants, materials and vegetables which can be used in the garden, can be harvested properly, used ornamentally or can be made into gifts, then this practical and fun course will show you how. Everything from liquid plant food, to food for wildlife, to simple home remedies, to gifts that you can sell to help your project be more sustainable.

Play Streets 20th—21st March 2012

Trainer - That's How We Roll Training

Have you heard about the Play Street initiatives which are spreading across the country? Basically the community can agree to close a street for the day, or on a regular basis, so that children can 'play out' just like they used to be able to do years ago. Come and find out how others have done it and action-plan for your own community. It's easier than you would think.

Growing Fruit and Veg 29th - 30th March 2012

Trainers - Jo Dyer and Karen Atkinson

This course will give you the confidence, skills and inspiration to get started with 'grow your own' schemes. You will learn skills such as how to assess your site; the varied ways fruit and vegetables can be grown; how to take care of your soil; how to recognise common pests and diseases and when and how to harvest fruit and vegetables.